



## Canadian Performance Examination in Dental Hygiene Health History Form

|  |               |                          |   |                      |                       |
|--|---------------|--------------------------|---|----------------------|-----------------------|
| <input type="checkbox"/> Mr. <input type="checkbox"/> Mrs. <input type="checkbox"/> Miss <input type="checkbox"/> Ms. <input type="checkbox"/> Dr. |               |                          | Date of Birth: _____ / _____ / _____<br><small>Year                      Month                      Day</small> |                      |                       |
| Last: _____  |               | First: _____             | Middle: _____   |                      | Occupation: _____     |
| Address (Home): _____  |               |                          | Phone: _____  |                      | Business Phone: _____ |
| City: _____  |               | Postal Code: _____       |   |                      |                       |
| Height: _____  | Weight: _____ | Blood Pressure: _____    | Pulse: _____  | Resp: _____          | Temp: _____           |
| <b>In case of emergency, we should notify:</b>   |               |                          | Name: _____   | Relationship: _____  | Phone: _____          |
| Family Doctor: _____   |               | Phone: _____             | Medical Specialist: _____   |                      | Phone: _____          |
| Other Health Provider: _____<br><small>(e.g., Occupational Therapist, Dietitian, Naturopath, Chiropractor)</small>                                 |               | Area of Specialty: _____ |   | Address/Phone: _____ |                       |

Your safety and optimal oral health are our priorities. The following information enables us to provide you with the best oral health care services safely and effectively. **Please complete the entire form.** During your visit, you will be asked questions regarding your questionnaire responses. All information is confidential and treated in accordance with applicable provincial and federal privacy legislation.

|                              |   |   |   |   |   |   |
|------------------------------|---|---|---|---|---|---|
| <b>A. DENTAL INFORMATION</b> | 1. Do your gums bleed when you brush?                                     | Y | N | 9. Are you nervous during dental treatment?   | Y | N |
|                              | 2. Have you ever had orthodontic or orthotropic treatment (e.g., braces)? | Y | N | 10. What is the reason for your dental visit? |   |   |
|                              | 3. Have you had any periodontal (gum) treatment?                          | Y | N | 11. Date of last dental examination:          |   |   |
|                              | 4. Are your teeth sensitive to hot, cold, sweets, or pressure?            | Y | N | 12. Date of last dental x-rays:               |   |   |
|                              | 5. Have you ever had an injury to your head, face, or jaws?               | Y | N | Please explain any YES answers:               |   |   |
|                              | 6. Do you suffer from frequent headaches?                                 | Y | N |   |   |   |
|                              | 7. Do you have earaches or neck pains?                                    | Y | N |   |   |   |
|                              | 8. Do you have removable dental appliances? Implants?                     | Y | N |   |   |   |

|                               |   |   |   |              |  |   |   |  |
|-------------------------------|---|---|---|--------------|--|---|---|--|
| <b>B. GENERAL INFORMATION</b> | 1. When was your last medical checkup? Date: _____  |   |   | <b>WOMEN</b> | <b>Do you have or have you ever had:</b>                                       |   |   |  |
|                               | 2. Are you being treated for any medical condition or have you been treated within the past year?           | Y | N |              | 12. Ear or hearing problems?   | Y | N |  |
|                               | 3. Has there been any change in your general health in the past year?                                       | Y | N |              | 13. Eye problems (e.g., require corrective lenses, glaucoma)?                  | Y | N |  |
|                               | 4. Have you ever been hospitalized for any illnesses or operations?   | Y | N |              | 14. Sleep disorders?   | Y | N |  |
|                               | 5. Do you have a prosthetic or artificial joint (e.g., hip, knee)?  | Y | N |              | 15. Are you or could you be pregnant?<br>If yes, expected delivery date: _____ | Y | N |  |
|                               | 6. Have you ever been advised to take antibiotics before dental treatment?                                  | Y | N |              | 16. Are you breastfeeding?   | Y | N |  |
|                               | 7. Have you ever had a peculiar or adverse reaction, including allergies, to any medications or injections? | Y | N |              | 17. Are you taking hormone replacement therapy?                                | Y | N |  |
|                               | 8. Do you have any allergies to any foods or materials (e.g., latex or metals)?                             | Y | N |              | Please explain any YES answers:  |   |   |  |
|                               | 9. Do you have any other allergies (e.g., hay fever, animals)?  | Y | N |              |  |   |   |  |
|                               | 10. Cancer?   | Y | N |              |  |   |   |  |
|                               | 11. Dry mouth?  | Y | N |              |  |   |   |  |

18. Are you taking medications of any kind? Include prescribed drugs, over-the-counter medications (e.g., cold and flu remedy), and natural health products (e.g., vitamins, herbal, and diet supplements). If yes, please list.

| Drug Name | Amount, Dose, Frequency<br>(e.g., One 80 mg tablet 3 times per day) | Reason | Date Prescribed and Prescriber |
|-----------|---|--------|--------------------------------|
|           |   |        |                                |
|           |   |        |                                |
|           |   |        |                                |
|           |   |        |                                |
|           |   |        |                                |



|                                 |   |   |   |
|---------------------------------|---|---|---|
| <b>C. CARDIO/RESPIRATORY</b>    | <b>Do you have or have you ever had:</b>  |   |   |
|                                 | 1. Cardiovascular diseases? If yes, specify below:  | Y | N |
|                                 | <input type="checkbox"/> Angina <input type="checkbox"/> Heart attack<br><input type="checkbox"/> Arteriosclerosis <input type="checkbox"/> Heart murmur<br><input type="checkbox"/> Artificial heart valves <input type="checkbox"/> High or low blood pressure<br><input type="checkbox"/> Congenital heart defects <input type="checkbox"/> High or low cholesterol<br><input type="checkbox"/> Congestive heart failure <input type="checkbox"/> Mitral valve prolapse<br><input type="checkbox"/> Coronary artery disease <input type="checkbox"/> Pacemaker/defibrillator<br><input type="checkbox"/> Damaged heart valves <input type="checkbox"/> Rheumatic heart disease/fever |   |   |
|                                 | 2. Chest pains upon exertion?   | Y | N |
|                                 | 3. Shortness of breath?   | Y | N |
|                                 | 4. Asthma?  | Y | N |
|                                 | 5. Chronic bronchitis or emphysema?   | Y | N |
|                                 | 6. Sinus trouble or nasal congestion?   | Y | N |
|                                 | 7. Tuberculosis?  | Y | N |
|                                 | 8. A persistent cough for more than 3 weeks?  | Y | N |
| 9. Cough that produces blood?   | Y   | N |   |
| Please explain any YES answers: |   |   |   |

|                                 |  |   |   |
|---------------------------------|--|---|---|
| <b>D. ENDOCRINE/DIGESTIVE</b>   | <b>Do you have or have you ever had:</b>                     |   |   |
|                                 | 1. Malnutrition?   | Y | N |
|                                 | 2. Eating disorder?  | Y | N |
|                                 | 3. Dietary restrictions (self-imposed or doctor prescribed)? | Y | N |
|                                 | 4. Night sweats?   | Y | N |
|                                 | 5. Slow healing or recurrent infections?                     | Y | N |
|                                 | 6. Thyroid or parathyroid disease?                           | Y | N |
|                                 | 7. Diabetes? If yes, indicate type:                          | Y | N |
| Please explain any YES answers: |  |   |   |

|  |   |   |   |
|--|---|---|---|
| <b>E. GASTROINTESTINAL/GENITOURINARY</b> | <b>Do you have or have you ever had:</b>  |   |   |
|  | 1. Hepatitis, jaundice, or liver disease? | Y | N |
|  | 2. Difficulty swallowing?                 | Y | N |
|  | 3. G.E. reflux/persistent heartburn?      | Y | N |
|  | 4. A stomach ulcer?                       | Y | N |
|  | 5. Gall bladder problems?                 | Y | N |
|  | 6. Kidney or bladder trouble?             | Y | N |
|  | 7. Excessive urination?                   | Y | N |
| Please explain any YES answers:          |   |   |   |

|                                 |   |   |   |
|---------------------------------|---|---|---|
| <b>F. HEMATOLOGIC</b>           | <b>Do you have or have you ever had:</b>  |   |   |
|                                 | 1. Prolonged or abnormal bleeding with a simple cut or following surgery, extraction, or an accident? | Y | N |
|                                 | 2. A blood transfusion? If yes, date:   | Y | N |
|                                 | 3. A tendency to bruise easily?   | Y | N |
|                                 | 4. Any blood disorder (e.g., anemia or hemophilia)?   | Y | N |
| Please explain any YES answers: |   |   |   |

|   |  |   |   |
|---|--|---|---|
| <b>G. IMMUNE SYSTEM/INFECTIOUS DISEASES</b> | <b>Do you have or have you ever had:</b>   |   |   |
|   | 1. Systemic lupus erythematosus?   | Y | N |
|   | 2. Painful swollen joints or rheumatoid arthritis?   | Y | N |
|   | 3. HIV/AIDS?   | Y | N |
|   | 4. Other diseases or conditions that affect your immune system (e.g., sarcoidosis, Epstein-Barr, radiotherapy, chemotherapy, steroid therapy)? | Y | N |
|   | 5. Sexually transmitted diseases (e.g., herpes)?   | Y | N |
|   | 6. Have you ever had an antibiotic resistant infection (e.g., MRSA)?   | Y | N |
| Please explain any YES answers:             |  |   |   |

|  |  |   |   |
|--|--|---|---|
| <b>H. NEUROLOGICAL/MUSCULOSKELETAL</b> | <b>Do you have or have you ever had:</b>     |   |   |
|  | 1. A stroke?                                 | Y | N |
|  | 2. Convulsions or seizures (e.g., epilepsy)? | Y | N |
|  | 3. Mental health disorders?                  | Y | N |
|  | 4. Arthritis?                                | Y | N |
|  | 5. Osteoporosis or osteopenia?               | Y | N |
|  | 6. Chronic pain?                             | Y | N |
| Please explain any YES answers:        |  |   |   |

|   |  |   |   |
|---|--|---|---|
| <b>I. OTHER</b>   | 1. Do you smoke, chew, or snort tobacco products?              | Y | N |
|   | If yes: Frequency (daily, weekly)?                             |   |   |
|   | Number of years use?   |   |   |
|   | Have you ever tried to quit?                                   | Y | N |
|   | Are you interested in quitting?                                | Y | N |
|   | 2. Do you have a drug or alcohol dependency?                   | Y | N |
|   | 3. Other diseases or medical problems that run in your family? | Y | N |
|   | 4. Other conditions or medical problems not listed?            | Y | N |
| 5. Other special needs that will affect your dental care? | Y  | N |   |
| Please explain any YES answers:                           |  |   |   |

**To the best of my knowledge, the above information is correct.**

Client/Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Reviewed by: \_\_\_\_\_ (DDS, RDH) Date: \_\_\_\_\_



**Notes**

**ASA CLASSIFICATION: I II III IV V E**

**Comments on client interview concerning health history.**

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**Significant findings from questionnaire or verbal interview.**

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**Considerations for the care plan.**

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CPEDH Evaluation Date: \_\_\_\_\_

Client Name: \_\_\_\_\_

Candidate ID#: \_\_\_\_\_

Rater ID# and Signature:

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